

MEDITATION MECHANICS

APPENDIX 5 of “Engineering Your Spirituality”

Don Chapin, PhD

I’m sure most are familiar with the traditional techniques of conscious manifestation... while “deep” in meditation, imagine what you want to manifest, focus on that outcome, be resolved in your intention that that outcome materializes, and provide emotional energy to that desired resolution.

For those that say I can’t “imagine” or “I don’t have an imagination” (and I’ve DEFINITELY heard that excuse! :-), consider this... what “pictures” do you see in your mind when you are reading an article or book, or, better yet, - and be HONEST, now - have you ever fanaticized about a member of the opposite sex (or, for some, a member of your same sex :-)? With either scenario, you are imagining!

For most of us, that’s the end of it... we’ve made our request and “God” or “the Universe,” or whatever, either honors our request, or not. If so, we’re probably overjoyed (at least until we go on to the next desire) but, if not, we have a tendency to blame “God” or “the Universe,” or whatever, for failing to “listen” to us and feel somewhat rejected or resentful, not realizing that WE have, most generally and probably, been blocking our own desires possibly by conflicting inner belief/belief systems, etc. (see Book 2, by Diane Chapin, “Living Life Radiantly.” Listed in buddha-consciousness.org)

Another quite strong possibility for not realizing our goal is that we have been too sloppy in our request process. A common problem is not “leaving it to Highest Good” and including too many details, to the extent that, while the possibility still exists, the probability becomes very low.

An example... a retired, low-income close friend of mine needed to obtain a decent car to replace his, afraid-to-drive-twenty-miles-round-trip-or-the-engine-might-drop-out current vehicle. I cautioned him to use Highest Good and not be too specific (or he

might wind up driving a two-and-a-half-ton truck :-). A couple weeks later he was BEAMING! Circumstances had “mysteriously” coalesced so that he was rid of his junker and had acquired a vintage Mercedes! This was the kind of car he has desired ever since Johnny Carson (of comedic TV late-night talk show fame) had driven him in Johnny’s owned and driven car (ergo, a few years of subconscious desire) . (My friend was not a “Big Name,” but one of many behind-the-scenes-go-to people that helps keep the entertainment industry going.)

Ok, on to the mechanics, using pictures of various water scenes to try approximating what actually happens multidimensionally...I want to make this VERY clear... what I’m attempting to describe is a two-dimensional representation of what I have observed as three-dimensional activities with what I call (interdimensional) Far Sight,



but which is also more popularly known as Remote Viewing.

Universal Energy, which is omnipresent and a continuous communication medium (while it takes light an estimated 100,00 years to transverse the Milky Way Galaxy, thought traverses

that distance INSTANTLY), might be represented in 3-D, as an analogy, as a calm water surface... the Tao of Lau Tzu.



However, in a relatively heavily-populated area, with MANY subconscious, non-specific “demands” upon it, Universal Energy seems to appear “roiled,” typically caused by the unconscious and

unfocused desires of the general population and Universal Energy initially responding to each such demand.

Then, some semi-knowledgeable student of metaphysics (for example) attempts to “insert” a request into the Universal Energy field, but lacks clarity or possibly specific intent. The result is similar to that immediately following.



Along comes a group of people (power of n^2 , or $n*n$) with clear purpose, intent and emotional contribution to produce a common goal, OR this could be the result of a Psychic Master capable of producing a similar result.

Instead of a “water tornado” think of this as a column of Universal Energy (the calm water) formed and aiming at it’s human-directed goal.

This is quite close to what I observed when our Saturday-morning



Healing Earth group was particularly “working on” alleviating the negative mass consciousness layer hanging over our nation’s capital, from Boston down through about Raleigh, NC. That layer appeared as if it was a thick black basalt-looking rock but the generated, self-intelligent Shakti

(although I didn’t know what to call it at the time I was observing it at work) found every minor ‘crack” in it that could be found, to open that layer to a cleansing light.

As I later learned, this was a clear representation of what had been referred to as Shakti in pre-Vedic India, DIRECTED Universal Energy. In ancient Sanskrit, a Shakti could only be accomplished at

angelic level and referred to imposing a task or purpose to Universal Energy. Eventually, siddhis of the day found they could also produce Shakti. They found that the Brahman Universal Energy they were aware of was intelligent and, driven by human clarity, focus, intent and energy, strives to achieve a defined/directed goals.

THAT is the Shakti process: human desires/direction combining with the power and innate intelligence of Universal Energy (pure Love...the God Force?) to Create Change. And this process is, unknown to the majority of humanity, constantly at work behind the scenes.

Energy-fueled unfocused desires can be analogized by the third picture, above, where a lack of clear intent and/or direction allows to Shakti to “fall back upon itself” and not reach the unclearly defined objective.

However, what I observed in our one-day-a-week Healing Earth sessions was very similar to the last picture of the clearly-defined water spout (although not vertical but following Earth contours to the goal) then, if an opening wasn't apparent, following the apparent surface contour for the tiniest opening to gain access and illuminate whatever interior could be found with white light.

Humans, by a clear, focused intent and energy (when appropriately applied), but typically unconsciously desires to achieve a goal, Universal Energy responds. That focused, intelligent Universal Energy, driven by human clarity, focus, intent and energy, strives to achieve the defined goal.

IF this Universal Energy IS the God Force... if it is God or a part of God... and WE are of God... fractals, if you will, then why wouldn't we be able to direct this Force in this manner?

In the distant past, pre-Vedic as I understand it, it was thought that only Angels could create shakti. But, through meditation, revelation, or whatever, some holy men of ancient India acquired the knowledge of what Shakti is/was and, like the Catholic religion of the Western Hemisphere, hoarded that knowledge.

On the morning of September 17, 2017, I was suddenly aware of literally channeling this information, and “told” that it was “time” to

make this information, along with many other topics coming through many other people, available to the general public. It's beginning to appear as if the basic tenants of those ancient Christian Gnostics, so persecuted and, even today, reviled by the Church, might prevail, after all: basically, that knowledge, gnosis, is a significant path to spiritual development.

As I've narrated, I have "SEEN" (through my own peculiar version of "far sight") such a directed energy in operation, encountering unforeseen obstacles, but using it's native intelligence, to find practical 'work-arounds' to accomplish it's human-directed goal(s). And, in such a case, time IS NOT "of the essence"... if the requested process (goal) is simply THOUGHT OF at various "times," that constitutes reinforcement, and the process can continue (as evidenced by my friend and his Mercedes).

Ergo, we do not have to personally and specifically direct Shakti, but that generation and formation of specific, purpose-driven, powerful, Universal Energy, Shakti, can also be formed and directed by long-held, desires.

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