

## **“Most Exciting Time in the History of the Universe” Information about the Event from Dolores Cannon’s Book ‘The Convoluted Universe III’**

Posted on [December 2, 2018](#) by [truthearth](#)  
<https://truthearth.org/2018/12/02/most-exciting-time-in-the-history-of-the-universe-information-about-the-event-and-ascension-from-dolores-cannons-book-the-convoluted-universe-iii/>

It’s taken a few weeks but I’ve finally gotten through this entire book and I have been bookmarking various pages so that I can come back and write an article about the amazing information she is getting through her clients while they are in a deep trance state.

The clients are being given QHHT (Quantum Healing Hypnosis Technique) sessions where the person finds out why they are having the problems they are experiencing in this lifetime. Or perhaps they are just curious as to what will be found. After a while Dolores began getting information about The Event and many other metaphysical concepts and knowledge that humanity is now supposed to learn (or re-learn in some cases) while the person was under.

This information is given by a source which she calls the ‘subconscious/higher-self/oversoul’. It is extremely powerful and benevolent and it has the answers to everything. She says it is the source of all knowledge. It even does instantaneous healing in some cases. It usually comes through during the end of the session after the client’s issues have been addressed. Dolores has published 19 books and sadly left the physical plane in 2014, but she left one hell of a dent on the control structure of this planet and I believe her information will become very popular in the near future.

I also wish to note that this book was published in [February 2008](#), and the material that came through her clients before that. Before a

few of the sources of information we are following today came into existence.

**Based on what I've read from just this book alone, The Event is going to be one of the biggest things to ever happen in the history of this Universe. The behind-the-scenes activities by various civilizations is enormous and incredibly diverse. The entire Universe is watching what is happening here on Earth right now.**



Dolores Cannon

---

**Peggy:** ...This is a very important time. That's why there are so many people here, because of what is going to happen. And people want to experience it. Energies, beings want to experience it, so there's a rush to come in. It's very exciting.

**Dolores:** Why do these spirits want to be here at this time? What is it they want to experience?

**Peggy:** They want to experience the shift that's going to happen, because when the Earth shifts, it will shift this entire Universe into a better place.

**Dolores:** (Surprised) The *entire* Universe?

**Peggy:** Yes. And you wouldn't think that one tiny little planet at the far end of a small galaxy would have that much importance. But it does. I think it's strategically placed. I think it has to do with sacred geometry, but that's all I know.

**Dolores:** And that's why all the people are coming at this time? They want to be here to experience this?

**Peggy:** Yes. It's going to be very dramatic. It will send energy waves throughout the whole Universe when this happens.

**Dolores:** But also there are huge numbers of people who are choosing to leave the planet at this time.

**Peggy:** The ones that are leaving are making room for more to come in. They've experienced what they need in this lifetime. They agreed to come in and help where there are great disasters. Because each great disaster brings the Earth closer to that shift.

---

**Dolores:** I seem to be working with many people lately who are energy workers and healers.

**Tim:** There's going to be a great deal more. This is only starting to open. And people are seeking other alternatives. They're looking for different ways...

Most of the information is not new. It is new to the people that are present, but it is actually old information. There are only so many physical forms that are available. And there are so many more spiritual forms that want to come, that there are not enough physical forms.

**Dolores:** I see. But right now with our population growth, there are many physical forms available.

**Tim:** But there are not. Also, you have certain ones that are trying to control the metaphysical forms that are available.

**Dolores:** What do you mean by that?

**Tim:** You have leaders that are trying to control the availability of physical forms. The diseases, the wars.

**Dolores:** You mean they're eliminating many of the physical forms? (Oh, yes.) Then there are only limited physical forms that your type of spirit could come into?

**Tim:** Yes. That's true.

---

***Note:** At the end of each session Dolores calls forth the subconscious of the person in a deep trance which explains why they are shown certain past lives or other scenes. The subconscious speaks about the person under hypnosis in the third-person.*

**Dolores:** All her life she has had this difficulty feeling different. (Yes.) She said she felt like she didn't belong here.

**Francine:** That's right, this is why.

**Dolores:** Has she ever had any lives in a physical body?

**Francine:** A very, very long time ago. She had many lives in a body, but it was less dense than the body she's in now. They built cities, and they lived harmonious lives.

**Dolores:** Were these bodies on Earth?

**Francine:** No. Far away.

**Dolores:** Would it do her any good to know about these, for her curiosity?

**Francine:** Yes. She went through a series of evolution where she became more and more light, until finally the whole civilization became light. She stayed within that light for many, many eons. They had progressed to the point where they were unity

consciousness. They felt oneness all the time, and there was no need to create physical bodies unless they felt like it.

And then they'd create light bodies. They had overcome most of the challenges through their evolution, and it was a place where it was harmonious joy and love. That was a very comfortable place to be, and a feeling of accomplishment, too. Hence, it's very hard to her to be in such an unevolved state.

**Dolores:** What happened to cause her to come to Earth?

**Francine:** There were many problems in a part of the galaxy where Earth is situated. With darkness, it's out of balance. And the Great Council came together, and it was time to start infiltrating the system. And by incarnating on the planet beings of light had the opportunity to give their light to a planet that was overrun by darkness. She volunteered for the job, because she knew that she could do it.

**Dolores:** But it's different when you get down here in the body, isn't it?

**Francine:** Yes, she found it very difficult to adjust. It's very hard to leave somewhere that's so peaceful to come to such a very dense, slow planet with so much pain. It's felt very intensely by people like her because she's very open.

**Dolores:** They are very gentle people, and they have not had the programming of other lifetimes on Earth to cushion that.

**Francine:** Yes. They had to have great courage to go. And we are very grateful that they are going, because it's making the plan happen. And it is working. The plan is working.

**Dolores:** There are many others who have volunteered to come, aren't there?

**Francine:** There are many, many. Thousands and thousands. And millions. And there are many children being born now awaiting in a

queue, to come. That's why Francine had twins, because they wanted to come together.

---

**Dolores:** Why did Jean decide to come back now? You said she'd been here in other pivotal points in Earth's history?

**Jean:** This is the big one. (Laughs) This is the great one. This is happening now. And many are remembering who they really are, and are being contacted. The new children are being brought in, and she loves the children. So she's helping others to balance the energies. It's being a bridge. Bridging the energies now. You are a bridge. Of course, you are. So there are those of you that came in to help bridge the information, to be the ambassadors.

**Dolores:** To help these people wake up to who they are?

**Jean:** Absolutely. And to be okay. To accept any of them who have experiences that they filed away. It's a big time on your planet, because this is the big one. This is where you, as a planet, awaken out of the dream of thinking you're alone. That you're all that is. Your Earth is evolving. You are all evolving. All eyes are on Earth right now, anyway. This is the big one. Many fought to be here. Even children that come in, even for hours. You'll all carry that, the badge of having been here.

**Dolores:** Even for a few hours?

**Jean:** Absolutely. To have been on this planet at a time of this kind of evolution. No planet has ever quite evolved this way before, this uniquely. If you were going to have the option to carry the identification of having been on a planet that will be known through the multiverse, even if you can be here for a few hours, that you could say, "I was on Earth at the time of evolution." Why not?

(Skipping ahead)

The orchestration to create this experience is so much bigger than any human can perceive at this time. This is a big orchestration,

not just occurring on your Earth but with the help of so many. So many. And no other planets have done this before.

**Dolores:** I've been told the whole Universe is watching.

**Jean:** More than just the Universe. There are those even from other Universes that are watching.

**Dolores:** Because they said this had never happened before, where an entire planet moves into another dimension.

**Jean:** Never. Ever.

---

*Suzanne was taken back to a time where she was a young male from an Indian tribe who experienced a group shift to the next density/dimension.*

**Suzanne:** I think we have consciousness of the Earth, almost like we're in another dimension. So either we can perceive it from where we are, or we were once of the Earth and moved off somehow.

**Dolores:** So if you moved off the Earth, then you took this physical place with you?

**Suzanne:** It seems like what might have happened was the band of people – I said “band” because it's not like there are many, many people around. And somehow, we've reached a point of changing frequencies, as if we all went on a similar experience. When people do things as a group. But it was like that whole society was able to transcend.

**Dolores:** Was this an intentional thing? (Yes.) Was it something that was talked about?

**Suzanne:** Talked about and worked for. People aspired to do this.

**Dolores:** So not everyone did this, just a certain group of your people?

**Suzanne:** It was all the known people then. We were an Indian tribe, and we knew there were other tribes around, but they weren't part of our world, Earth society. We were just by ourselves. We only cared about what happened to us.

**Dolores:** How were you able to do this? Were you taught?

**Suzanne:** There were teachers for some generations, the wise people. And we were taught with meditation. It was all of us. Maybe we're only a few hundred people, but that was our whole world. I think we experienced it before we moved in. We would go and come individually and in groups. The frequency was raised and we experienced that, and shifted back.

**Dolores:** And your people took their physical body and surroundings with them? Is that right?

**Suzanne:** I'm not sure about that. I think either they manifested similar surroundings where they went, or they moved into another dimension that already had that there.

I see that we're being asked to come back. And I have tears now. We're being asked to back to the Earth.

**Dolores:** The whole group?

**Suzanne:** Some of us. We know some things that would be of help to the people. And we have great compassion for the people.

(Skipping ahead to another important part)

We seem to be pretty eternal. We've moved off the physical where we might have died, to some place or frequency where it's not necessary to die. I think we actually pulled it off. Kind of a transition of even the molecular structure of our bodies. I think we became spirit somehow.

**Dolores:** You mean it changed in some way?



**Suzanne:** Yes, it was some transformation when we left. I think we took our bodies with us when we left. I think we took the physical bodies that changed, and we took it with us.

**Dolores:** You said it changed the molecular structure?

**Suzanne:** Yes, totally. Yes.

**Dolores:** This was the only way you could make the change?

**Suzanne:** I think we could have died, but couldn't have done it en masse. I mean, we could have died en masse. But this was an experiment of sorts. It was the melding of a group mind from the 3-D. It was the forerunner of where we can go now, I see.

**Dolores:** So it was a group that experimented at first.

**Suzanne:** Yes. I think there were others trying different ways. This was our way.

---

*(Note: I am adding this part for information purposes that people should exercise discernment with. There is some fear here, but I believe it is based on reality. We know Full Disclosure is going to be a traumatic event for humanity as a whole, we should be as prepared as we can for it.) Also, in this part of the session, the subconscious was speaking through Anne and speaking about her in the third-person. Additionally, the being Dolores is communicating with appears to be well-connected to the operations on Earth as they have intimate knowledge of the Cabal and surface life.*

**Anne:** Turbulence, much turbulence coming very soon. And there is the need to be very grounded. Much turmoil. There will be need for your stability and all of those who are here, because people will be lost and confused and in much pain. Do you understand?

**Dolores:** By turbulence, do you mean more of the violent Earth changes that have been happening?

**Anne:** Situations caused by humans, and situations caused by the Earth changes. And the coming through of new energies and beings that humans are not accustomed to seeing. This will cause a great deal of chaos, that only those who are understanding what is transpiring, will keep calm and be a reassurance to those in confusion.

Remember and just be prepared for that, because it's very easy to theorize until the situation is in the physical. Then the physical body needs to be prepared to handle the shifts of energy, and the shock that comes with the process of change. One thing is to feel you can understand what is happening. Another is to be in the midst of chaos and keep yourself calm when it's happening.

**Dolores:** That's difficult for humans, isn't it?

**Anne:** It is difficult. And that is a crucial and practical area to focus on at this time, because it is in the physical that you are helping, but you are in the physical as she is, and other beings are. So in the physical, they could transmit that calm that will be necessary during times of chaos.

**Dolores:** But will they listen to us?

**Anne:** It is not up to you to decide. It is up to you to make sure you have the tranquility and grounded energy for those who want to listen to you. That alone requires much work in the physical to keep those energies in place, because that's what you came to do. Anne is very trained, because her life experiences have required her to maintain a level of calm in the midst of madness.

(Anne had lived a childhood with abusive and unstable parents, and then a chaotic marriage.)

**Anne:** That has been a good training ground for her, so that when the time comes, it is not so difficult for her to maintain that calm in the physical. Do you understand?

**Dolores:** Yes, I do. I've been told that these changes are going to cause a separation into two Earths. The old Earth and the new

Earth, as the vibrations and the frequencies increase. Is that correct?

**Anne:** That is correct. There is a different world, if you will, which some souls will remain or choose to live in after the changes.

**Dolores:** You mean to remain with the old Earth?

**Anne:** Yes, with the world that keeps that level of vibration they wish to stay in, and that will be where they remain, or move into. But the new energies will only be livable for those who have worked their own energy up to that vibration.

**Dolores:** But the turbulence you spoke of, will that be on the old Earth?

**Anne:** Is it now as we go through these changes. This is the time of transformation in the next few years, and the outcome has been prophesied by many. I don't have much to add to that, other than, those who are here now need to remember the important role they are playing in the physical before the changes happen, or before the *final* changes happen.

In the midst of the process, there's a need for those who are here to give the assistance. To line up, if you will, as if it were in the military. It's time for them to show up and be aware that they are being called to be very present and ready. And maintain their ground, because there might be situations in which a soul be in a crucial point where they could go either/or, vibrational wise. And you may be able to make a difference at that time.

**Dolores:** What do you mean by either/or?

**Anne:** Their spiritual growth may be in a grey area where they may qualify to step up to a higher vibration, if only they have the courage to jump. Or else they may choose not to, and that is their choice. But your role, if you keep your energy, may be crucial for someone in that situation, because you may be the hand that extends for them to jump.

**Dolores:** Make the jump into the higher vibration. (Yes.) But the higher vibration, the new Earth, will not experience this turbulence? (No) It seems as though right now, we are in this part that is experiencing the turbulence.

**Anne:** It is just the beginning. It has begun, but the chaos has not begun. The chaos, the madness of people running around in confusion, because all of their illusions have been shattered. That will be the time of the test of the strength that needs to come forth for those of you who are here to help in the process. There will be a time when people are running in the streets confused and in fear, not unlike the hurricane in Louisiana.

**Dolores:** That's what I was thinking of, the tsunami and the hurricanes.

**Anne:** But that multiplied worldwide in most cities is a very different scenario.

**Dolores:** Are there going to be similar disasters in many cities?

**Anne:** Some caused by natural, some caused by those in power who are making every effort to keep things the way they are. They are aware of the changes. They refuse to accept. It's like a child who doesn't want to hear the truth. And they refuse to admit they are no longer in charge. So they continue to cling to these ways and may cause more confusion. They feel they may be able to slow down the process and maintain a low vibration by keeping fear on the surface.

**Dolores:** They're trying to instill fear in people.

**Anne:** Fear has always been in people, because that's how most, if not all, the societies of this world have functioned for many years. Fear is the only way they maintained power, and almost everyone in the world is in fear. There are different levels of fear, but these changes and the technology that has allowed everyone to communicate freely, have caused a great deal of concern for those in power, because now the fear is vanishing.

Many things that are occurring, even the catastrophes, act as a catalyst to bring fear out so it is dealt with. And so it is a cleansing in a way. But those in power don't want this process to occur, and they prefer to keep a level of fear under the water, if you will. And like a desperate child, they try every tactic they can think of at this time to not let that fear dissipate, because that is what is happening. The fear is dissipating despite what the surface seems to show.

**Dolores:** People are beginning to think for themselves.

**Anne:** They are. They are confronting their own demons, if you will, because life is taking them places where they have to see things that other times they haven't had to deal with. Therefore, their fears, although they are very present, are at least coming to the surface, where as before, they were not.

Therefore, it is a cleansing that, as it continues, will only liberate more and more, which is a process that those in power are very aware of. They want to slow it down, thinking there might be a way to prevent it. So they will push and push to every extreme they can until things get very difficult. And many people will not be prepared for that edge they are pushing for.

**Dolores:** Is the war one of the things?

**Anne:** The war, absolutely the wars, also their diseases that they scare people with.

**Dolores:** Yes, if enough people accept it as their reality.

**Anne:** But the diseases are extremely blown out of proportion, and they are not epidemics as they are portrayed to be. The media and the movies are showing you their desperation as they insist in presenting to the masses information that is completely negative and fear-based.

Subject matter such as murder, death and betrayal, attacks and such that keep the consciousness focused on these matters, as opposed to portraying in the media images of hope and inspiration.

But nevertheless, there are enough of those positive messages being broadcast at this time, that like a domino effect, they are no longer stoppable.

**Dolores:** Another fear the government is trying to promote is terrorism.

**Anne:** Yes. It is another tool, like the diseases, to find excuses to give people a reason to be afraid and not unify, but to trust that the government will solve their problems. They are imaginary problems, and in the subconscious, many people are becoming aware of this. That is the reason they are resorting to ridiculous stories that only those who wish to believe, believe in them, because anybody with a logical and reasonable mind could not believe them.

**Dolores:** Yes, anybody who thinks for themselves.

**Anne:** So they are presenting the masses the opportunity to choose, because they are pushing for this edge. And in that way, they are serving a purpose by pushing the edge, so that everybody makes a choice, because this is a time of choice. This is no longer a time of middle ground and neutrality.

**Dolores:** You said earlier that we would be here whenever the chaos breaks out. Would this be cause by many of these disasters?

**Anne:** Disasters and the breakdown of the structures of government. And the breakdown of the safety net that most people feel they are apart of. Such as their Social Security, and their paychecks, and their jobs, and their religious beliefs. Especially if and when ships and/or other things like that begin to become part of the consciousness that many are not prepared for. Therefore, they may run around in shock and confusion, unsure as to what's real and what's not. The structure of government is breaking, and will break even more to a point of chaos. Like a domino effect, like a crumbling.

**Dolores:** The others like myself and Anne are some of the ones who are here to help?

**Anne:** The ones who are prepared to see these changes and not crumble in fear will be the pillars on which others will lean when nothing makes sense to them. It doesn't mean you will provide the truth to them, it just means you are not falling down like they are.

**Dolores:** Because, I was thinking, what can we do when everyone is in chaos?

**Anne:** When you are not losing your mind and you are calm, it doesn't matter what you do. People will see that in you and seek that in you, because they don't know what to make out of what they are seeing [ships appearing]. And you may not know what to make out of what you're seeing, but you have been prepared. Therefore, you will know and have some sense of trust that things will be okay. You are not crazy.

**Dolores:** Where others won't have any preparation at all.

**Anne:** Exactly...[Skipping ahead] Also, it is a time that's very precious for many souls, because of the learning lessons available, as it is an unusual time that this planet has not experienced. Therefore, it is an opportunity to experience a very one of a kind soul journey. And it's an opportunity to step up in the soul level, experience-wise, because of the challenges it presents. Therefore, many advanced souls are interested in the opportunity for themselves.

**Dolores:** But in the new world, things are different than the old world. Isn't that true? (Yes) They won't be experiencing the chaos?

**Anne:** No, the chaos is mostly a breaking down of the belief systems. The chaos is caused by the belief systems being challenged and brought down to a place of a complete blank slate, or clean slate. And that is the chaos for many. Those who go on to the new world are comfortable with new belief systems, and therefore, will no longer struggle the way those struggle now. It's not that it's a transformation where all of a sudden people become something they are not. It is just the changes. It's either people can move on from there, from them, or not.

**Dolores:** I've also heard that whenever the transition happens, we would be allowed to take our physical bodies with us if we want to. Is that correct?

**Anne:** That is true, but it will only be for a short time. There will be another transition very shortly thereafter.

**Dolores:** What will happen at that time?

**Anne:** Mankind will become pure energy.

**Dolores:** The ones that make the Ascension.

**Anne:** That is correct.

**Dolores:** I've also heard that not everyone will make the transition.

**Anne:** Everyone will be given the opportunity. Whether they can hold that vibration or not is up to them individually. There will be no judgment made on them. They will simply be able to hold the energy, or not. But none will be destroyed as the comments have been heard. They will be placed in an appropriate space for the vibration they are emitting.

---

This is everything for now, I hope this information has uplifted those reading it as it is very positive and exciting to know that there is so much going on in the background for the benefit of the planet and humanity. Much love all!

=====